

LIFELINE  LISTENING  
*Friends*

**Grief is a sacred time to mourn the loss of someone we love.**

**A Seven Week Grief & Loss Support Program**  
*The Healing Pathway Through Grief*

**This FREE Program Begins Monday April 10**  
**7:00 to 8:30pm**

**Saint Jude Parish**

Saint Michael's Meeting Room – Saint Raphael Church

**The Healing Pathway is the path followed using:**

- \*Helpful DVDs
- \* Insightful information on the grieving process
- \*The opportunity to share your loss and grief with others
- \*Trained Facilitators to guide the group on the “Healing Pathway.”

*Grieving the loss of a loved one is the hardest thing we will have to do in this life  
And it is best done with the help of “**Listening Friends**”*

***All are welcome to join us on this sacred journey of healing.***

To Register or for more information contact:

Jack Shaw

412-508-5383 or [shaw.jack@verizon.net](mailto:shaw.jack@verizon.net)

**This program is FREE but registration is required.**