

2022 CHILD, ADOLESCENT & TRANSITION AGE YOUTH MENTAL HEALTH CONFERENCE



8:45 a.m.- 3:35 p.m. EST
Tuesday, June 28, 2022

Conference at a Glance

8:45 a.m. – 9:00 a.m.

Conference Welcome and Opening Remarks

Christine Michaels, MSHSA, CEO, NAMI Keystone Pennsylvania

Charma D. Dudley, PhD, FPPR, Assoc. Dir., Behavioral Health Services, Beacon Health Options; Board of Directors, NAMI National; Board President, NAMI Keystone Pennsylvania

9:00 a.m. – 10:00 a.m.

Morning Keynote | Nation on Notice: The Youth Mental Health Crisis

Dr. Ala Stanford, Region 3 Director, U.S. Dept. of Health and Human Services

10:00 a.m. – 10:15 a.m. Break / Virtual Resource Booths

10:15 a.m. – 11:30 a.m.

Morning Plenary | Answering the Cry for Help: The Role Adults Play in Addressing the Youth Mental Health Crisis

Moderator: Charma D. Dudley, PhD, FPPR, Assoc. Dir., Behavioral Health Services, Beacon Health Options

Panelists: Christine M. Crawford, MD, MPH, Associate Medical Director, NAMI; Tami Benton, MD, Psychiatrist-in-Chief and Chair of Psychiatry at the Children's Hospital of Philadelphia (CHOP); Jim Sharp, Director, Children's Division, RCPA; Dana Milakovic, PsyD, NCSP, Mental Wellness and Trauma Specialist, Office for Safe Schools, PA Department of Education; Luna Plaza, Youth Mental Health Advocate

11:30 a.m. – 12:15 p.m. Lunch Break

12:15 p.m. – 12:45 p.m. Youth Mental Health Leadership Award Presentation

12:45 p.m. – 12:50 p.m. Break / Virtual Resource Booths

12:50 p.m. – 2:05 p.m. Breakout Session One

- 1.1 What We Know About the Effects of COVID on Children and Their Families and How We Can Help Them Heal. (P/C, Ed/SP, MHP)
- 1.2 The Embodied Experience of Stress: Strategies for Adult Regulation and Connection With Youth (P/C, Ed/SP)
- 1.3 Why Are Young Black Males Ending Their Life by Suicide? (Ed/SP, MHP)
- 1.4 Need for Culturally Informed Mental Health Care for Refugee Children and Families (P/C, Ed/SP, MHP)

2:05 p.m. – 2:20 p.m. Break / Virtual Resource Booths

2:20 p.m. – 3:35 p.m. Breakout Session Two

- 2.1 Student Trauma and Learning: What Can Educators Do To Keep Going? (Ed/SP, MHP)
- 2.2 Navigating Caregivers' Stress and Challenges in Adolescents Experiencing Early Psychosis (P/C, MHP)
- 2.3 Enhancing the Rainbow in Your Workplace: Ways to Increase LGBTQ Affirmative Practices in Your Work With Youth (Ed/SP, MHP)
- 2.4 Young Adults, Vaping and Mental Health in PA: Where Do We Stand and What Can We Do? (P/C, Ed/SP, MHP)

Cancellations made prior to Monday, June 20, will be refunded. If requesting CEUs, a \$30 administrative fee will be deducted from your refund. No refunds will be issued after Monday, June 20, 2022.

Registration

Mental Health Professional (includes CEU credits)	\$30
Educator Rate (includes ACT 48 credits)	\$15
Individual (no credits)	\$10
Student Rate (must register with a school email)	\$0

Attendees will receive access to all conference webinar recordings with registration. Recordings will be available for view for 30 days following the event