For the third year in a row, NAMI Keystone Pennsylvania will recognize a young person who is a change leader in the areas of mental health education and shifting conversations about mental health from negative to positive.

NAMI Keystone Pennsylvania’s Youth Mental Health Leadership Award recognizes the passion and courage of young leaders who are committed to fighting the stigma of mental health conditions, providing a safe community for peers to share their own mental health experiences, and empowering peers through education.

To be eligible for the Youth Mental Health Leadership Award, the nominee must:

- be between the ages of 13 to 21;
- reside in Pennsylvania;
- submit a video and a signed consent form allowing NAMI Keystone PA to show their video (*must be signed by a parent or guardian if nominee is 17 years or younger)

Video Criteria: Please submit a 2–4-minute video that addresses the following:

- How have you incorporated your personal mental health journey, or the experience of a family member or friend living with a mental health condition, into your efforts to create positive change?
- In what ways have you encouraged and led peers in positively addressing mental health issues within their school and/or community? Please explain if you have been recognized for your achievements on a national, state, or local level.
- Describe an original program, a safe and supportive peer environment, or mental health education/awareness event that you have implemented in order to reduce the negative perceptions that often accompany those who live with mental health disorders.

All video submissions will be presented during NAMI Keystone Pennsylvania’s virtual Child, Adolescent, and Transition Age Youth Mental Health Virtual Conference on Tuesday, June 28, 2022. The winner will be required to record brief remarks that will be shown during the event and submit a photo for promotional purposes once they have been chosen.
Submission Process


2. Print and complete the below submission/consent form and email it to education@namikeystonepa.org. In your email, let us know your video has been uploaded.

   Video and submission/consent form must be submitted by 5pm on Friday, May 6, 2022.

Submission Form

Name ___________________________________________________________  Age ______________

Address ____________________________________________________________________________

____________________________________________________________________________

School District _______________________________________________________________________

Email Address _______________________________  Phone Number ______________

Brief description of your video ___________________________________________________________

___________________________________________________________________________________

___________________________________________________________________________________

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___________________________________________________________________________________

By signing this form, I grant my permission for _____________________________ to submit a video for NAMI Keystone Pennsylvania's 2022 Youth Mental Health Leadership Award, which will be shown online during the virtual conference and may be posted on the NAMI Keystone PA website and on social media.

____________________________________  ______________________________________
Name of Nominee                  Signature of Nominee

____________________________________  ______________________________________
Parent/Guardian Name           Parent/Guardian Signature
(if nominee is under 17 years of age)

If you have questions about NAMI Keystone Pennsylvania’s Youth Mental Health Leadership Award, email our Education Department at education@namikeystonepa.org.