



The NAMI Family-to-Family Teacher training is a 2 part training, an online portion that you complete on your own and the in-person (virtual) teacher training. Online training must be completed prior to the in-person (virtual) training.

Training Details: In-person training is 1.5 days. **If possible, potential candidates should have support of a local NAMI Affiliate. If you do not know your local NAMI Affiliate, please email abarnett@namikeystonepa.org for the information.**

NAMI Affiliates, please send approved application to:

NAMI Keystone Pennsylvania, *The Education Team* (education@namikeystonepa.org)
105 Braunlich Drive, McKnight Plaza, Suite 200, Pittsburgh, PA 15237 FAX (412) 366-3935

Name: _____

Address: _____
_____ County _____

Mobile: _____ **Email:** _____

NAMI Family-to-Family teachers assist in NAMI’s mission of support, education, and advocacy by providing family members and friends of adults living with mental illness with valuable information, communication techniques, and problem solving skills that enable families to better support and advocate for their loved one. NAMI Keystone Pennsylvania strongly believes in peer support and we seek qualified candidates for this signature program who have lived experience to draw from.

Benefits of Volunteering:

- The opportunity to build advocacy, communication and empathy skills.
- The opportunity to give hope and support to other families who are living with a loved one with a mental health diagnosis.
- The opportunity to engage with peers for personal growth and education.

Responsibilities of a NAMI Volunteer Family-to-Family teacher:

- Commit to teaching (2) 8-week courses within two years of achieving your teaching certification. Volunteers are welcomed and encouraged to stay involved if so desired beyond the two course requirement.
- Maintain the confidentiality of course participants and fidelity to the teaching module.
- Work in coordination with a local NAMI affiliate who will be offering the course.
- Maintain current NAMI membership while teaching.

Teaching Time Commitment: While preparing for and teaching a course, anticipate devoting 3 hours weekly for a 2 month period to the success of the course.

Prerequisites for Teacher Training:

- Must be a family member/personal caregiver of an adult (18+) living with a mental illness.
- Must be a current member of NAMI.
- Have the time to commit to a volunteer role and bring attention and compassion to the course and its participants.
- Be able to speak openly and honestly about your own experiences in regards to family member's mental health diagnosis.
- Be supportive of NAMI's components and definition of Recovery.
- Be a team player as you fulfill this role in coordination with your local NAMI affiliate and your co-teacher.
- Adhere to the fidelity of the NAMI Family-to-Family teaching model.
- Be comfortable with reading aloud and speaking to an audience.

Please complete the following:

1. **I am a family member of an individual with serious mental illness.** No Yes
Please indicate your relationship (spouse, parent, etc.) _____
2. **Have you completed the Family-to-Family course?** No Yes
If yes, please provide date and location of class. _____
3. **I am a current member of NAMI.** No Yes **Affiliate Name:** _____
(You must be a NAMI member prior to training in order to be a NAMI program leader.)
4. **I will attend the 1.5 days Teacher Training in its entirety.** No Yes
5. **Have you or your NAMI Affiliate designated a trained co-teacher for you teach with?**
No Yes

Please explain why you would like to become a NAMI Family-to-Family Teacher.

What personal attributes do you possess that you feel would be beneficial as a NAMI Family-to-Family teacher? Include both personal and/or professional experience with serious mental illness.

Have you ever been convicted of a felony? No Yes If yes, please explain.

Family-to-Family Teacher Training Agreement

- I agree to be at each session of the training on time and attend the entire training.** *If you are excessively late to sessions or cannot start/finish the training according to the published times, you may jeopardize your participation in the workshop and a teacher certificate may not be issued to you.*
- I understand that participation in this training does not guarantee that I will become a certified NAMI teacher.** *Trainees must demonstrate the qualifications needed to become a NAMI Family-to-Family teacher by the end of the training. The first day of training provides an opportunity for trainees to assess their basic qualifications for being a teacher. Any concerns should be brought to the trainers' attention.*
- I agree to notify the Education Team at (412) 366-3788, or education@namikeystonepa.org if I am unable to attend the training.** *There is often a waiting list for training and prompt notification of a cancellation enables us to invite another participant.*
- I agree to teach NAMI Family-to-Family according to the established NAMI Family-to-Family operating policies.**
- I agree to teach (2) Family-to-Family courses within the first two years of my certification.** *It is understood that unexpected situations may occur in which flexibility in this policy will be needed. The expectation is not that the two cycles occur within a year but rather are completed within a reasonable amount of time given the teacher's circumstances.*

Applicant Signature

Date

Print Name

Trainee Emergency Contact Form

Your Name: _____

Emergency Information for TWO contacts.

1. Emergency Contact: _____

Relationship to You: _____

Telephone number: _____

2. Emergency Contact: _____

Relationship to You: _____

Telephone number: _____

Allergies/Diet Considerations? _____

Any other emergency information you would like noted (people in your care, medical conditions etc.): _____

Please Return with Your Application to:

NAMI Keystone Pennsylvania,

Attn: Education Team

105 Braunlich Drive, Suite 200, Pittsburgh PA 15237

Fax: 412-366-3935 Email: education@namikeystonepa.org