1 in 33 people will experience psychosis during their lives.

That’s one student for every high school algebra class in Pennsylvania.

First episodes of psychosis typically occur in teenagers and young adults between the ages of 15 and 30.

There are roughly 110,000 Pennsylvanians living with schizophrenia alone.

**Psychosis** is a symptom that often accompanies serious mental illnesses like schizophrenia, schizoaffective disorder, or bipolar disorder.

**Psychosis involves:** Hallucinations, Loss of Contact with Reality, Delusions

<table>
<thead>
<tr>
<th>A Person With Untreated Psychosis Is Far More Likely To:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Have Poorer Socioeconomic Outcomes</td>
<td></td>
</tr>
<tr>
<td>• Spend Extensive Time in a Hospital</td>
<td></td>
</tr>
<tr>
<td>• Be Arrested or Incarcerated</td>
<td></td>
</tr>
<tr>
<td>• Be a Victim of Violence</td>
<td></td>
</tr>
<tr>
<td>• Die by Suicide</td>
<td></td>
</tr>
</tbody>
</table>

First Episode Psychosis (FEP) programs are giving young people and their families a reason to **HOPE** – and get their lives **back on track**.

**FEP Model**

- Prioritizes early intervention
- Connects young people with a **care team** that helps:
  - manage symptoms
  - prevent future episodes
  - return successfully to school or work

With early treatment, many people will never have another psychotic episode.

**Pennsylvania’s nine FEP programs have produced remarkable results in only a few years:**

- 89% decrease in individuals attempting suicide
- 88% decrease in hospital days
- 80% decrease in the number of participants hospitalized

**Psychosis has the potential to derail young lives, but it doesn’t have to. Support psychosis programs that work. Help young people get their lives Back On Track.**

Learn more at [www.namikeystonepa.org/backontrackpa](http://www.namikeystonepa.org/backontrackpa)