

**NAMI Keystone Pennsylvania  
Board of Directors Meeting  
April 10, 2019  
6:06 p.m. – 7:57 p.m.**

**PRESENT:** Charma D. Dudley, Kathy Testoni, Jack Cahalane, Kim Mathos  
**On the Phone:** Neen Davis, Michelle Hottenstein, Michelle Gerwick  
**Not Present:** Mim Schwartz  
**STAFF:** Christine Michaels, Debbie Ference, Maria Kakay, Susan Caban

**I. Call to Order and Welcome**

Charma D. Dudley, President, called the meeting to order at 6:06 p.m.

**II. Approval of Minutes of February 13, 2019 Board Meeting**

**MOTION:** Kathy Testoni made the motion to approve the minutes for the February 13, 2019 Board Meeting; Jack Cahalane seconded; the motion passed.

**III. Approval of Financial Statements for period ending February 28, 2019**

Discussion: Treasurer Michelle Hottenstein reviewed the Balance Sheet and Financial Statements for the period ending February 28, 2019. Ms. Hottenstein highlighted that on March 15, 2019, \$150,000 was transferred from a checking account to a money market account. Ms. Hottenstein also indicated that there is \$786,138 in Total Checking/Savings and \$193,984 in Total Accounts Receivable, all of which has been collected. She also noted that Total Agency Revenues are \$1,356,622, specifically highlighting that revenues for the Gala and NAMIWalks were higher than budgeted and Total Agency Expenses are under budget due to unfilled staff positions. COO Debbie Ference explained that Nikki Dawson was just hired as Advocacy Director and they are in the process of interviewing for the Adult Advocate position.

**MOTION:** Michelle Gerwick made the motion to approve the Financial Statements for the period ending February 28, 2019; Jack Cahalane seconded; the motion passed.

**IV. Ratification of Dr. Charma D. Dudley's nomination to the National NAMI Board of Directors**

Discussion: CEO Christine Michaels described the long nomination process for the National NAMI Board of Directors, which includes a nomination form, questionnaire, and board ratification. At this time Chris and Dr. Charma Dudley revealed that NAMI Keystone Pennsylvania and all of the NAMI affiliates across the state will be honored with the "Member of the Year" award at NAMI's national convention. The award recognizes how affiliates were able to stick together during trying times without state leadership and to celebrate the success the state organization and affiliates are having together.

**MOTION:** Kathy Testoni made the motion to ratify Dr. Charma Dudley's nomination to the National NAMI Board of Directors; Neen Davis seconded; the motion passed.

**V. Approval of Affiliate name change from NAMI PA - Delaware County to NAMI Delaware County PA**

This motion was postponed until further documents could be provided by NAMI PA – Delaware County.

**VI. Presentation of *Say It Out Loud* Education Program**

Discussion: Susan Caban, Director of Education at NAMI Keystone Pennsylvania, delivered a PowerPoint presentation on *Say It Out Loud*, a mental health awareness presentation that NKPA education members deliver in middle and high schools. Ms. Caban described elements of the presentation which include myths vs. facts, stigma, warning signs, and conversation starters.

**VII. Board Discussion - CEOs Against Stigma**

Discussion: Maria Kakay, Director of Communications and Marketing at NAMI Keystone Pennsylvania provided an overview of CEOs Against Stigma, a new initiative aimed at increasing awareness of the impact that mental illness is having on the workplace. NKPA is inviting CEOs to a breakfast at the Duquesne Club on Tuesday, May 7, 2019. Discussion centered on how Board members can assist in inviting CEOs to participate in the breakfast and project overall.

**VIII. Chief Executive Officer's Report**

Discussion: NAMI Keystone Pennsylvania CEO Christine Michaels reviewed hot topics, updating Board members on the current situation with the carve-out. The growing coalition is holding roundtable visits with legislators. There is also concern that the carve-out will get folded into the budget appropriations bills. Ms. Michaels also updated the Board regarding the departure of Lynn Kovich as Deputy Secretary for Pennsylvania's Office of Mental Health and Substance Abuse Services. Valerie Vicari is serving as Acting Deputy Secretary. Ms. Michaels also discussed the problems that NAMI is having with its new system, NAMI 360 Powered by Salesforce. There have been several problems logging in and inputting information.

**IX. Approval to nominate Cherie Brummans to the NAMI Keystone Pennsylvania Board**

Discussion: CEO Christine Michaels reviewed the resume of Cherie Brummans, nominee for the NAMI Keystone PA Board.

**MOTION:** Neen Davis made the motion to approve the nomination of Cherie Brummans to the NAMI Keystone Pennsylvania Board; Charma Dudley seconded; the motion passed.

**X. Staff Reports**

Discussion: NAMI Keystone Pennsylvania COO Debbie Ference reviewed the Administrative Board Report, Susan Caban reviewed the Education report, and Maria Kakay reviewed the Communications and Marketing report.

**XI. Approval to Adjourn**

**MOTION:** Kim Mathos made a motion to adjourn. Kathy Testoni seconded; meeting adjourned at 7:57 p.m.