

Monday, May 20

7:00 a.m. - 7:30 a.m. Exhibitor Set-Up

7:30 a.m.

Registration & Quiet Room Open

7:30 a.m. - 8:30 a.m.

Breakfast | Exhibitor Hall

8:30 a.m. - 9:15 a.m.

Welcoming & Opening Remarks

Lynn Kovich, Deputy Secretary,
Pennsylvania Office of Mental Health
& Substance Abuse Services

9:15 a.m. - 10:30 a.m.

Keynote Speaker

“Living a (Very) Public Life with
Depression and Anxiety”

State Rep. Mike Schlossberg, 132nd
Legislative District, Lehigh County;
Co-Chair, House Mental Health Caucus

10:30 a.m. - 11:00 a.m.

Morning Break | Exhibitor Hall

11:00 a.m. - 12:15 p.m.

WORKSHOP SESSION 1

A. The Family Inclusion Standards:
Influencing Policy, Practice,
and Paradigm

B. Hearings and Being Heard

C. Write It Out

D. Overcoming Compassion Fatigue:
When Helping Hurts

E. Understanding Mental Health
Advance Directives in Pennsylvania

F. The Art of SMART Goals in the
Behavioral Health Home Plus
(BHHP) Setting

G. Resources for Resilience, Mental
Health Promotion, and Youth
Suicide Prevention

12:15 p.m. - 1:00 p.m.

Networking Luncheon

1:15 p.m. - 2:15 p.m.

Afternoon Plenary

“Stronger Together: Advancing
Policy in Pennsylvania”

2:15 p.m. - 2:45 p.m.

Afternoon Break | Exhibitor Hall

2:45 p.m. - 4:00 p.m.

WORKSHOP SESSION 2

H. Holistic Wellness through Peer
Support for Adults Experiencing
Psychosis

I. Suicidal Rescue Strategy:
Ketamine Infusion Therapy

J. Pennsylvania’s Journey in
Building Family Peer Support
Specialist Workforce

K. I Want to Work, Now What?
How to use the Social Security
Work Incentives

L. NAMI Smarts for Advocacy:
Telling Your Story

M. Living with Mental Illness After
Incarceration

N. Fairweather Lodges: An Adept
Model for 21st Century Challenges

5:30 p.m. - 7:30 p.m. Dinner

Tuesday, May 21

8:00 a.m. - 8:45 a.m.

Full Breakfast | Exhibitor Hall

8:45 a.m. - 9:00 a.m.

AM Announcements

9:00 a.m. - 10:15 a.m.

Morning Plenary

“First Episode Psychosis Programs
in Pennsylvania: Laying the
Groundwork for Systems Change”

10:15 a.m. - 10:45 a.m.

Coffee Break | Exhibitor Hall

10:45 a.m. - 12:00 p.m.

WORKSHOP SESSION 3

O. Taking Care of Me: Self-Care and
Personal Medicine

P. Current Adolescent Drug Trends
and Culture

Q. Becoming More Financially Self
Sufficient with PA ABLE and WIPA

R. Reducing Suicide Risk After
Psychiatric Hospitalization

S. Youth and Young Adult RoadMap

T. Using Community Support Program
(CSP) as an Advocacy Tool

U. Creating a Welcoming and
Affirming Environment for
LGBTQIA+ Individuals

12:00 p.m. Conference concludes.