

What is the NAMI Homefront Education Program?

NAMI Homefront is a free, six-session education program for family, friends, and significant others of Military Service Members and Veterans with mental health conditions. It focuses on the unique needs of military and veteran communities, such as post-deployment and post-discharge transitions.

The course is designed to help family members understand and support their loved one while maintaining their own well-being. The trained teachers of this course are also family members who have experience with military culture and know what it is like to have a loved one living with mental illness.

NAMI Keystone Pennsylvania, the official state NAMI organization in Pennsylvania, has trained facilitators that lead the *NAMI Homefront* program. Visit our website at www.namikeystonepa.org to learn more.



Participant Perspectives

NAMI Homefront is an adaptation of the evidence-based *NAMI Family-to-Family* Education Program, which has been used in VA health facilities since the late 1990s.

"You realize that he will never be the same having been through war. I learned how to treat him more as an adult than as a hurt child."

— Mother of a Veteran after graduating from a *NAMI Family-to-Family* class held at the VA in Ohio

Contact us to register for the NAMI Homefront class!



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About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Keystone Pennsylvania and dedicated volunteers, members, and leaders work tirelessly to raise awareness and provide essential education, advocacy, and support group programs for people in our community living with mental illness and their loved ones.