The year 2009-2010 was a year of many accomplishments and achievements, mostly focused in the areas of advocacy and educational activities. In July, the year began with a state budget impasse that was unsettled until October. NAMI Southwestern Pennsylvania organized one of the first regional rallies with a noon demonstration in front of the State Office Building to call for immediate passage of a state budget that restored cuts to mental health funding.

Against the backdrop of uncertainty at the state level, uppermost leadership positions within the Department of Public Welfare and the Office of Mental Health and Substance Abuse Services were changing in anticipation of the November 2010 gubernatorial election and subsequent change in administration. Health care reform bills were passed in March 2010, adding to the climate of uncertainty. NAMI Southwestern Pennsylvania initiated its strategic planning process to develop a plan for continued success and sustainability.

NAMI Southwestern Pennsylvania’s two main events are like bookends to the program year. On October 4, 2009, NAMI Southwestern Pennsylvania held its third successful annual NAMI Walk at SouthSide Works and Heritage Trail in Pittsburgh. In April 2010, NAMI Southwestern Pennsylvania held its first ever two day educational conference. This two day education event allowed for one full day devoted to advocacy. Mike Fitzpatrick, Executive Director of NAMI National, provided the advocacy day keynote address. Day Two was based on the public television broadcast of Minds on the Edge, which provided a sobering but balanced description of today’s mental health service delivery system.

In addition, NAMI Southwestern Pennsylvania presented at the National NAMI Convention in San Francisco, introducing NAMIpedia to affiliates located throughout the United States. NAMI Southwestern Pennsylvania presented at numerous conferences in 2009-2010, as well as presenting to medical interns and regularly scheduled college classes.

It was a very full, busy year of activities. I invite you to review our annual report for 2009-2010 which highlights many of our accomplishments throughout the year.

To all of our members and supporters, thank you very much for another year when NAMI Southwestern Pennsylvania made a difference in people’s lives.

Sincerely yours,

Christine Michaels, MSHSA
Executive Director, NAMI Southwestern Pennsylvania
NAMI returns to its "grassroots"

August 18, 2009: NAMI Southwestern Pennsylvania led a noon time rally at the Pennsylvania State Office Building on Liberty Avenue in downtown Pittsburgh. Over 100 individuals protested the budget impasse and called for the budget to be passed immediately with restored mental health funding. Several television, radio and newspapers covered the event.

New Board Officers provide leadership

2009-2010: Officers for the Board of Directors include Charma Dudley, PhD, FFRP succeeding Edna McCutcheon as President. Serving with Dr. Dudley are Vice President Lucinda McHolme, Secretary James Bycura, and Treasurer Eva Bednar. Safdar Chaudhary, MD, Carol Kowall, Esq., Jon Lloyd, MD and Edna McCutcheon, ACSW, LSW began new three year terms, as well as Kim Mathos, MD and James Ehrman, Esq., who joined the board in 2009.

NAMI Southwestern Pennsylvania takes great pride in offering National NAMI Signature Programs

NAMI Southwestern Pennsylvania was very pleased to provide Family-to-Family classes in both the spring and fall. Additional class locations were added to provide educational support to 68 family members. The first Family-to-Family class for family members of veterans was offered in the fall, with one veteran's family member guest blogging about the class every week.

The Provider Education program—created for mental health providers and taught by a mental health professional, family members and consumers—was offered for the first time in 2009. Two sessions were held.

A special “In Our Own Voice” project with North Allegheny High School was started bringing the recovery presentation to 200 students.

NAMI Southwestern Pennsylvania held its first ever two-day educational event, with 300 participants in attendance. Friday’s training, entitled "Growing the Grassroots: The Crucial Need for Advocacy", focused on advocacy activities and closed with a gubernatorial forum to which all candidates were invited. Day Two, "Confronting the Challenges in the Mental Health System" showcased the television special Minds on the Edge.

Consumer and Family Input through C/FST

The NAMI Southwestern Pennsylvania Consumer/Family Satisfaction Teams operate in Allegheny, Armstrong and Indiana counties. The teams complete over 3,865 interviews per year to evaluate consumer satisfaction regarding mental health and addiction services.

October 4, 2009
3rd Annual NAMI Walk

For the third straight year, NAMI Southwestern Pennsylvania held its annual walk beginning at the SouthSide Works and winding down and back the Three Rivers Heritage Trail. Nearly 2,000 participants turned out, making this walk our most successful to date. Two television stations (WTAE and WPXI) covered the event, raising awareness of this celebration of recovery.
Audited Financial Statement

July 1, 2009 through June 30, 2010

Revenue:

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<tbody>
<tr>
<td>Program Revenue</td>
<td>$1,066,783</td>
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<tr>
<td>Contributions, Grants, Dues and Other</td>
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<td>Interest Income</td>
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Expenses:

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<tbody>
<tr>
<td>Program Expense</td>
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<td>Occupancy</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$1,408,440</strong></td>
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Board of Directors 2009-2010

Officers

President
Charma Dudley, PhD, FPPR

Vice President
Lucinda McHolme

Secretary
James Bycura

Treasurer
Eva Bednar

Members

Carla Braund, PharmD
Jack Cahalane, PhD
Safdar I. Chaudhary, MD
Richard S. Jevon
Carol Kowall, Esq.
Nancy Kukovich
Marianne LaSalle

Jon Lloyd, MD
Eileen Lovell
Kimberly Mathos, MD
Edna I. McCutcheon, ACSW, LSW
Constance F. Roman
Mim Schwartz
Jeffrey J. Spengler, CPA
Kathy Testoni
Cynthia Tonet-Stewart, MS, MEd

NAMI Southwestern Pennsylvania Staff

Christine Michaels, MSHSA, Executive Director
Deborah Ference, MA, Associate Director
Sharon A. Miller, Director Education and Community Relations
Darcey Garda, Manager of Marketing and Development
Donald Tinker, Accounting Specialist
Susan A. Harrington, Administrative Coordinator
Lora Dziemiela, MLIS, Program Secretary
Sara Levine, Marketing and Development Assistant

CART (Consumer Action & Response Team of Allegheny County)

Charles Apt, Jr., CART Interviewer
Minnie Benjamin, CART Interviewer/Data Entry
Regina Cass, CHIPP/CSP Interviewer
Michelle Castriota, Data Assistant
Alan Corn, CART Director
Jeffrey Fitzwilliam, CHIPP/CSP Interviewer
Paul Freund, Director of Consumer/Family Satisfaction Services
Seth Gall, CART Interviewer
Erica Guris, Special Projects Assistant
Carly Jandla, Interview Coordinator
Marilyn Micknowski, CHIPP/CSP Clerical Assistant
Lee Moses, CART Interviewer
Phyllis Nettles, CART Interviewer
Paula Pinon, Technical Support Specialist
Brian Rayne, CHIPP/CSP Interviewer
Barbara Reith, Administrative Assistant
Darrell Williams, CHIPP/CSP Supervisor
Susan Wright, CART Interviewer/Data Entry

Armstrong/Indiana Counties Consumer/Family Satisfaction Team

David King, Data Entry Clerk
Deborah Marshall, C/FST Supervisor
Joan Moore, Interviewer
Nicole Pless, Interviewer