

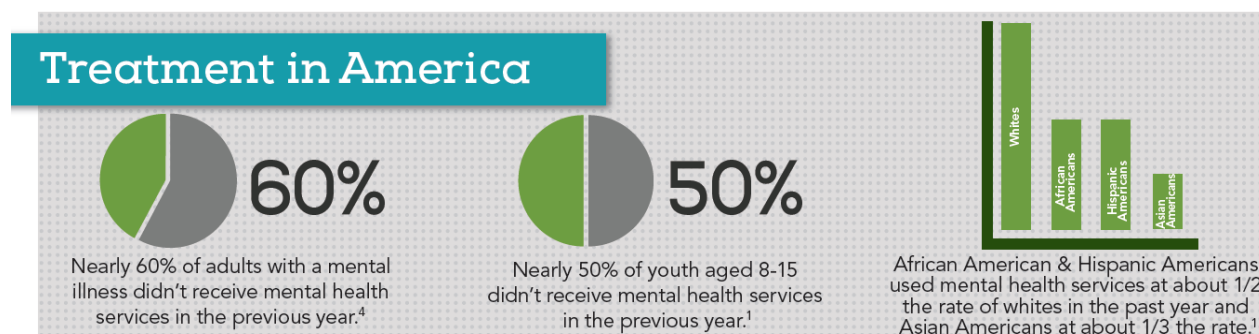


Contact: Darcey Garda
NAMI Southwestern Pennsylvania
(412) 366-3788

For Immediate Release

ANNUAL NAMIWalks TO KICK OFF MENTAL HEALTH AWARENESS WEEK
5K Event on Sunday at the Waterfront Seeks to Change Perception of Mental Illness

Homestead, Pa. – Even though one in four people will experience a mental illness this year, more than half of them will not seek treatment because of what they perceive others will think.



This Sunday, Oct. 4, thousands of people will come together to change that perception.

- WHAT:** 9th Annual NAMIWalks
- WHERE:** The Waterfront (Towne Center)
270 W. Bridge Street, West Homestead, PA 15120
- WHO:** 3,000 individuals, family members and friends impacted by mental illness
- WHEN:** Sunday, Oct. 4
Registration 9 a.m. • Walk Start 10 a.m.
Marks the beginning of National Mental Health Awareness Week

NAMIWalks benefits NAMI Southwestern Pennsylvania, a non-profit organization dedicated to improving the lives of individuals and families affected by mental illness. For more information, contact the NAMI office at (412) 366-3788 or visit www.namiswpa.org.

###

**Statistics provided by the National Alliance on Mental Illness*