

MEDIA ADVISORY

Contact:

Darcey Garda NAMI Southwestern Pennsylvania (412) 334-0633

NATIONAL ALLIANCE ON MENTAL ILLNESS KICKS OFF ANNUAL NAMI WALK, HONORS LOVED ONES LOST TO SUICIDE

PITTSBURGH—The National Alliance on Mental Illness, known regionally as NAMI Southwestern Pennsylvania, joins together with hundreds of mental health advocates on Wednesday to "kick off" the 8th Annual NAMI Walk and to remember loved ones lost to suicide. The event, to be held at the Sheraton Station Square, provides information about the organization's annual 5K walk and promotes awareness of mental illness treatment and recovery.

WHAT: NAMI Walk Kick-Off Event

WHEN: Wednesday, Aug. 20 at 12 noon

WHERE: Sheraton, Station Square, 1st Floor, Admiral Room

WHO: Mental health advocates from across Southwestern Pa.

Individuals who lost a family member to suicide

NAMI Southwestern Pennsylvania Executive Director Christine Michaels NAMI Walk Chair Deb Wasilchak, Community Care Behavioral Health

Presented by NAMI Southwestern Pennsylvania and sponsored by UPMC and UPMC Insurance Services, the 8th Annual NAMI Walk will take place at The Waterfront in Homestead on Sunday, Oct. 5. All funds raised support NAMI Southwestern Pennsylvania, a regional non-profit organization providing recovery focused support, education and advocacy for individuals living with a mental illness, and for family members, professionals and the community. More information is available at www.namiswpa.org or by calling (412) 366-3788.

###